I was impressed from the time I was given my first evaluation until today. After 37 years of doctors ignoring my complaints, Eric Reichardt, MPT and his phenomenal team put me back on a path of super-health. After designing my exercises, hardy physical therapy and caring therapists, I feel like a new person!
Here are all the changes that happened in the past 5 weeks.
1. I have been headache free for more than a month.
2. I have no more dizzy spells—NADA!
3. My family was truly elated—I had not realized how exhausted they were to help me relieve my chronic shoulder/neck problems/pain.
4. Driving long hours, traveling, and sitting at the computer have become a pleasure and free of anxiety the pain will start up.
5. Best part- since I started—3 days into PT my fasting blood sugar count has fallen 20pts! I now read between 97 and 108.
6. I love the mobility and movements I had actually forgotten I should be able to do.

Thank you all and one!!
Tina Bhandari, Roanoke VA, 2013